

NOC Stillwater faculty/staff participate in step challenge

NOC Stillwater faculty and staff participated in the recent Stillwater area community step challenge.

The goal of Walktober is to encourage people to move more and to be more active, fostering healthier and happier lifestyles. Participants sign up in teams of five to promote teamwork, accountability and motivation within each team.

"I thought it was a fabulous way to build some camaraderie and help shed the quarantine fifteen," said Diana Watkins, Vice President for NOC Stillwater. "There were definitely evenings when I wanted to stay planted firmly on my couch, but I knew my teammates were probably lacing up their tennis shoes, so I did too."

NOC Stillwater formed two teams this year, according to Watkins.

The Gateway Gliders were participants who wanted to have some accountability as they sought to increase their daily steps; the Gateway Gallopers were "in it to win it" coming as close as possible to the maximum of 20,000 steps per day." The Payne County LiveWell Coalition and the Stillwater Chamber of Commerce partnered to host the community-wide steps challenge for all Stillwater businesses, organizations, and community members.

Those involved in this friendly competition competed for weekly prize drawings and most important bragging rights by ways of walking, running or staying active.



NOC Stillwater employees participated in a Stillwater area community-wide steps challenge. Pictured (L-R): Chris Storm, Alicia Sharp, Courtney Miller, Tammy Davis, Dustin Elam, Diana Watkins, Tim Kruse, Janet Jarvis, Cassie Firth, Sherryl Nelson (photo provided)

Stillwater blood drive Nov. 11-12

The Oklahoma Blood Institute is holding a blood drive Nov. 11-12 at the NOC Classroom Building in Stillwater.

The blood drive, sponsored by NOC Stillwater President's Leadership Council, is from 10 a.m. -4 p.m. in Room 120.

Appointments may be scheduled at the Bursar's Office, call the OBI at 580.233.9323, or visit obi.org.

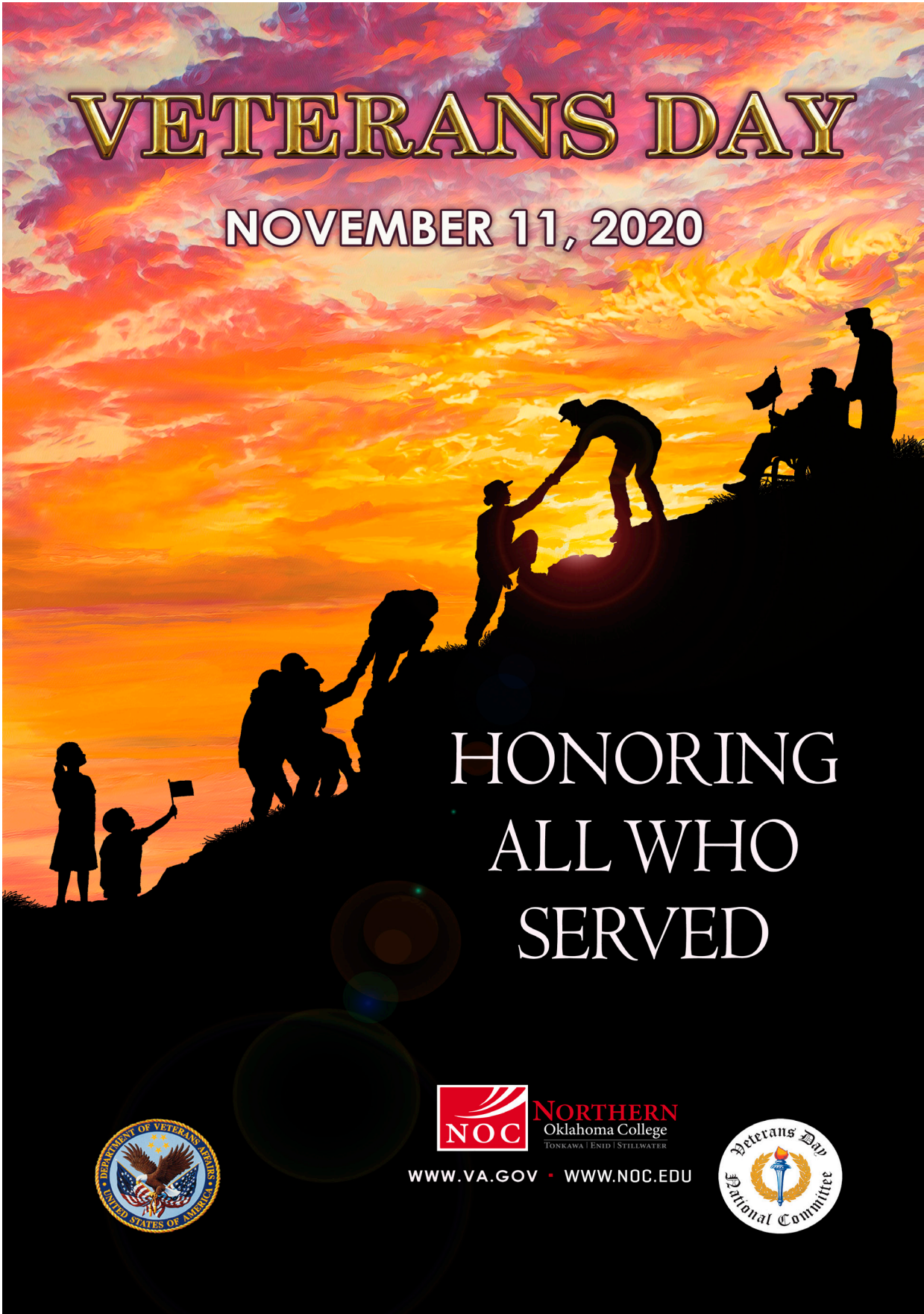
Blood donors receive antibody testing, a free t-shirt, food, and volunteer hours.

All donations will be tested for Covid-19 antibodies to identify potential convalescent plasma donors.

NOC November Birthdays



Randee Sloan	6th	Shannon Lorg	20th
Tiffany Meacham	7th	Elva Lora	22nd
Cecil Phibbs	7th	Lynn Kinzie	22nd
Melonee Spurlock	7th	Peggy Emde	23rd
Mardeena Huschka	10th	Don Stinson	24th
David Skidmore	10th	Summer McClure	24th
Monique Ingmire	11th	Dee Cooper	25th
Kathi Shamburg	13th	Shaen McMurtrie	26th
Okcha Bufford	18th	Paul Nguyen	26th
Sandra Jensen	19th	Cathy Moore	27th





A Stickball demonstration will be presented on Facebook Live Friday, Nov. 13 at 10:30 a.m. The demonstration is sponsored by NASNTI and NOC. This 2019 photo was taken during the demonstration at NOC last November. (photo by John Pickard/Northern Oklahoma College)

Stickball demonstration Friday

Northern Oklahoma College and Native American Serving Non-Tribal Institutions (NASNTI) is hosting a Stickball-Choctaw Style Event on Facebook Live on Friday, Nov. 13.

The event is set for 10:30 a.m. at the following Facebook Live Link, <http://fb.me/e/4SSPNF9Mi>.

NOC's Native American History class in Tonkawa will assist Jake Roberts in demonstrating the Choctaw style of Stickball. Roberts will explain the historical significance of Stickball for the Choctaw Nation.

Participants will wear face masks and take precautions.

According to the Choctaw Nation of Oklahoma Cultural Services, Choctaw stickball has been described as the father of all field sports.

With its use of a soft ball, rackets, referees, goal posts, and a jump ball to start the game, this ancient sport has parallels with a number of more recently developed games including lacrosse.

NASNTI Grant Project Director Anna Roland is excited to bring this opportunity to campus despite the challenges of the pandemic this year.

"We are honored to have Mr. Roberts on campus and grateful to Mrs. Pennington for bringing her class to assist," Roland says, "and although spectators cannot join in person, we are very pleased that we can use technology in order to highlight the Choctaw culture in a fun way that can be broadcast via Facebook."

NASNTI is a federally funded grant through the Department of Education.

Bedlam OSU BLOOD BATTLE

NOC Bedlam Blood Drive

Sponsored by NOC PLC

**Wednesday, November 11
and Thursday, November 12**

10 a.m. - 4 p.m.

Room 120

To schedule an appointment, sign up with the bursars office, call 580-233-9323 or visit obi.org.

Free t-shirts, volunteer hours, and food!

Donors Receive a Coupon for a FREE Honey Butter Chicken Biscuit! 

All donations* will be tested for COVID-19 antibodies to identify potential convalescent plasma donors.**

Appointments preferred, to help with social distancing. Walk-ins accepted as schedule allows.

Masks required for all donors.

*Donors ages 16 or 17-years old need parental consent to be screened for COVID-19 antibodies and are not eligible to donate convalescent plasma. **This test has not been FDA cleared or approved. It has been authorized by the FDA under an EUA (Emergency Use Authorization) for use by authorized laboratories. The test has been authorized only for the detection of the IgG antibody against SARS-CoV-2, not for any other viruses or pathogens. Blood drives will be managed according to CDC safety recommendations. Test results will be made available post-donation.



*All donors receive
AN OSU T-SHIRT*!*



877-340-8777 | OBI.ORG |

 **Oklahoma
Blood Institute**

*While supplies last. Photo ID required.

Fall musical starts Thursday at KPAC

The Northern Oklahoma College Division of Fine Arts is presenting the smash hit comedy musical, "I Love You, You're Perfect, Now Change" on Nov. 12-15.

The performances, directed by NOC Musical Theatre Instructor Chad Anderson, are in the Kinzer Performing Arts Center at NOC Tonkawa. Showtime is 7:30 p.m. Thursday – Saturday and 2 p.m. Sunday.

The musical comedy is based on the book by Joe DiPietro, music by Jimmy Roberts.

Seating is limited as NOC is practicing social distancing, face masks are required.

Admission is free, children under 12 must be accompanied by an adult. Parental guidance is suggested for adult themes and language.

The event is also available via live stream at <http://www.noc.edu/noc-events-streaming>.

NOC Calendar

Nov. 7-13

Nov. 10

Free Lunch, BCM, 11:30 a.m. – 12:45 p.m., Tonkawa
Runner Girls, Wesley House, 4 p.m. – 5 p.m., Tonkawa

Nov. 11

NOC Bedlam Blood Drive, Room 120, 10 a.m. – 4 p.m., Stillwater
Free Student Lunch, Wesley House, 11 a.m. – 1 p.m., Tonkawa
Free Lunch, BCM, 11:30 a.m. – 1 p.m., Enid
Board of Regents Meeting, Renfro Center, 1 p.m., Tonkawa
Bible Study, BCM, 2 p.m., Tonkawa

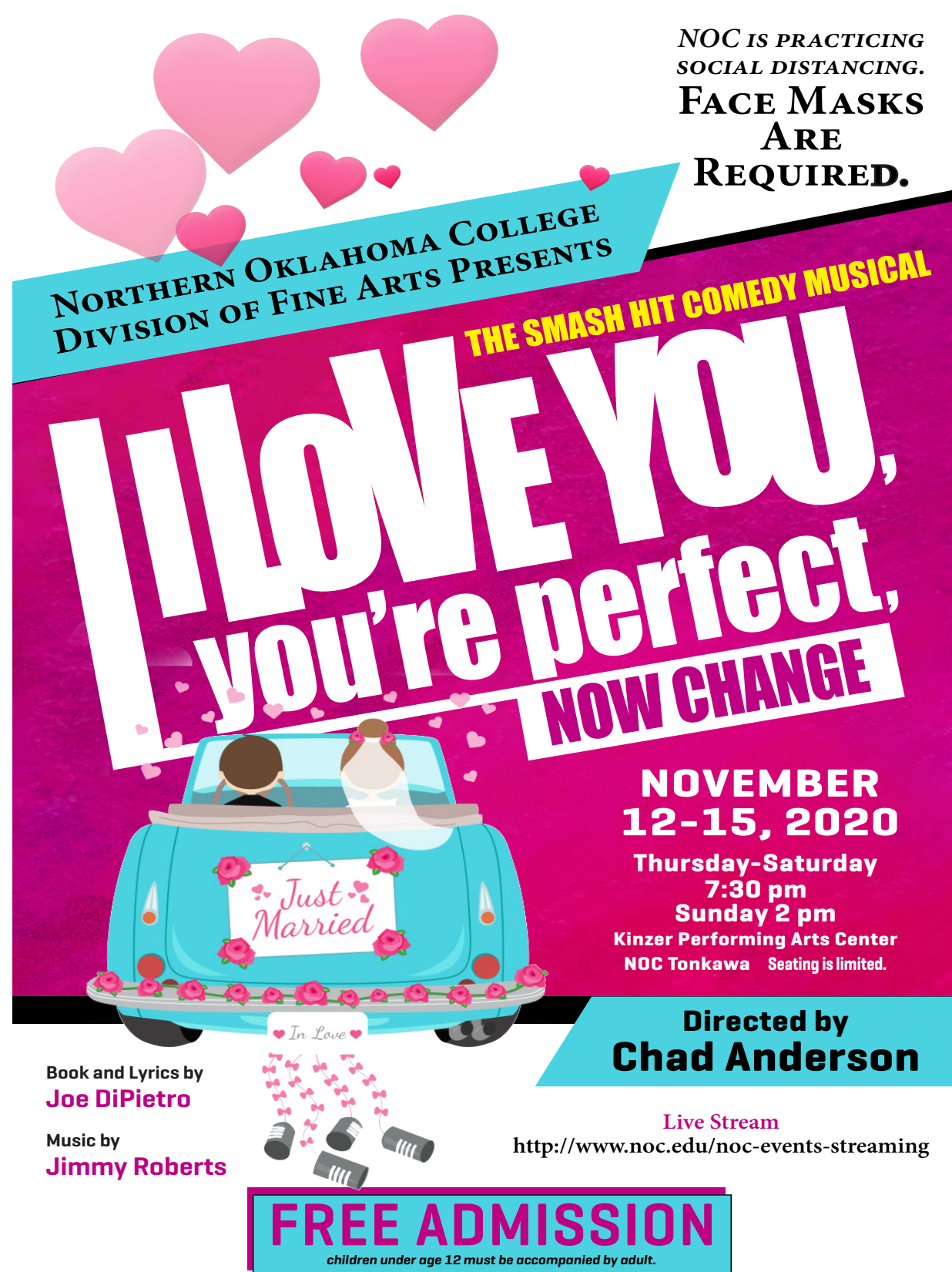
Nov. 12

Virtual Northern Encounter via Zoom 9 a.m. and 1 p.m., Tonkawa
NOC Bedlam Blood Drive, Room 120, 10 a.m. – 4 p.m., Stillwater
Fall Musical, "I Love You, You're Perfect, Now Change, KPAC, 7:30 p.m., Tonkawa

Nov. 13

Virtual Northern Encounter via Zoom 9 a.m. and 1 p.m., Stillwater
Stickball – Choctaw Style via Facebook Live, 10:30 a.m. – 11:30 a.m., Tonkawa
Final Day to Drop 16 Week Courses Without Evaluation
Fine Arts Audition, KPAC, 10 a.m., Tonkawa

For additional information, visit the following links: [NOC Calendar](#)



**NORTHERN OKLAHOMA COLLEGE
DIVISION OF FINE ARTS PRESENTS**

THE SMASH HIT COMEDY MUSICAL

I LOVE YOU, you're perfect, NOW CHANGE

**NOVEMBER
12-15, 2020**
Thursday-Saturday
7:30 pm
Sunday 2 pm
Kinzer Performing Arts Center
NOC Tonkawa Seating is limited.

**Directed by
Chad Anderson**

Live Stream
<http://www.noc.edu/noc-events-streaming>

FREE ADMISSION
children under age 12 must be accompanied by adult.

**Book and Lyrics by
Joe DiPietro**

**Music by
Jimmy Roberts**

**NOC IS PRACTICING
SOCIAL DISTANCING.
FACE MASKS
ARE
REQUIRED.**

Parental guidance suggested for adult themes and language.
Presented through special arrangement with Concord Theatricals, 235 Park Avenue South, New York, NY 10003.

NOC Life changing.

Northern Encounter dates upcoming

Northern Oklahoma College will be hosting high school students for Northern Encounter on all three campuses over the next two months.

The following is the Northern Encounter schedule:

NOC Enid –Dec. 2

NOC Tonkawa – Dec. 9

NOC Stillwater –Nov. 18

There will be two sessions, 9 a.m. – 11 a.m. and 1 p.m. – 3 p.m.

High school juniors and seniors interested in NOC will have an opportunity to hear from admissions, financial aid, testing and scholarship departments as well as the different degree programs, clubs, organizations and housing opportunities. Prospective students will also experience campus tours.

The students will receive a free t-shirt along with brochures with information for all three Northern Oklahoma College campuses.

Contact Terri Sunderland at 580.548.2353, Blair Turney at 580.628.6444, and Diana Watkins at 580.628.6905 for additional information. Students may pre-register at www.noc.edu.



NOC / NASNTI present

STICKBALL - CHOCTAW STYLE

Lecture and Demonstration by Jake Roberts

Join us on Facebook Live to watch as NOC's Native American History class (Tonkawa) assists Jake Roberts in demonstrating the Choctaw style of Stickball. Roberts will also explain the historical tribal significance Stickball has for the Choctaw Nation.

A Facebook
Live Event
Friday,
November 13, 2020
10:30-11:30 am

CLICK ON THE LIVE FACEBOOK LINK

<https://fb.me/e/4SSPNF9Mi>



Like Us!

Cultural Engagement Center NOC

@CECatNOC



Participants in game will wear face masks and take precautions.





Northern Oklahoma College Livestock Judging Coach Jennifer Bedwell signed two students for the 2021-22 Academic Year Friday morning. Bedwell is pictured with Anna Hannon (above) from Rensselaer, Indiana, and Blake Peterson (below) is from Remington, Indiana. (photos by John Pickard/Northern Oklahoma College)



CHOCTAW NATION POTTERY REVITALIZATION



Zoom Virtual Presentation with
Dr. Ian Thompson

Choctaw Nation of Oklahoma
Tribal Historic Preservation Officer

Thursday, November 19, 2020 11 am–12 pm

Join Zoom Meeting: <https://zoom.us/j/92724011148>

Meeting ID: 927 2401 1148





Food Services

Cafeteria Menu for November 9th – 13th, 2020

Dinner Special: Chicken Strip Basket

The cafeteria will be serving Chicken Strips for dinner
Monday, Tuesday, Wednesday and Thursday!

Monday November 9 th	Lunch: Chicken Pot Pie Salisbury Steak	Dinner: Sloppy Joes Chicken Rotel
Tuesday November 10 th	Pot Roast Dirty Rice	Chicken Fajita Fettucine Pork Fritter
Wednesday November 11 th	Chicken Enchiladas Philly Steak Sandwich	BBQ Ribs Sandwich Chicken Noodles
Thursday November 12 th	Pork Loin Taco Salad	Chicken Chimichanga BBQ Sandwich
Friday November 13 th	Baked Fish Beef and Broccoli	Chef's Choice

Potato Soup @ Lunch

Menu subject to change

All meals served with the following: Vegetable, Starch, Bread (Dinner Roll, Breadstick, etc.), Salad Bar, * Sandwich Bar, * Pizza Bar, Assorted Desserts, Assorted Fountain Drinks, Kool-Aid and Tea (* = Vegetarian Option Available)

Dining Hours, Monday - Friday:

Lunch:	11:30 AM – 1:30 PM	\$8.50 (+ tax)
Dinner:	5:15 PM – 6:30 PM	\$8.50 (+ tax)
Friday Dinner:	4:45 PM – 5:45 PM	\$8.50 (+ tax)
Saturday:	Breakfast 9:00-9:30am / Lunch 12-12:30pm / Dinner 5:00-5:30pm	
Sunday:	Breakfast 9:00-9:30am / Lunch 12-12:30pm / No Dinner	

****10 Meal Card Available to faculty/staff/community members for \$75.00 + Tax****

NORTHERN ENCOUNTER

Two sessions to choose from each day: Morning 9-11 am - Afternoon 1-3 pm

Up-Close Look At

- Programs • Services
- Faculty • Students • Campus
- Clubs • Organizations

Take a College Tour!

Northern Encounter has been designated as a day at NOC Enid, NOC Tonkawa and NOC Stillwater so high school juniors, seniors and their parents can get an up-close look at the programs and services that Northern Oklahoma College has to offer.

**FALL
2020**



NOC Enid
Montgomery Hall,
Gantz Center

**OCTOBER 21
DECEMBER 2**

Terri Sunderland
580.548.2353

FREE

- T-Shirt
- Door Prizes
(Including Tuition Waivers)

*Visit one or all
locations*



**NOC
Tonkawa**
Renfro Center

**OCTOBER 28
DECEMBER 9**

Blair Turney
580.628.6668



**GATEWAY
PROGRAM**

NOC Stillwater

Commons Area, Classroom Bldg

NOVEMBER 4 & 18

Diana Watkins 580.628.6905



Pre-Register Online www.noc.edu



**NORTHERN
Oklahoma College**

Life changing.