

## HEALTH, PHYSICAL EDUCATION, AND RECREATION - ATHLETIC TRAINING OPTION

(Note: Program requirements for this degree are offered on NOC Enid and NOC Tonkawa campus only.

At the beginning of each course listing, the four letter abbreviation indicates the department and the four digits indicate the course code used for enrollment. The total course hour value follows each.)

<p><b>Program Requirements</b></p> <p><b>General Education Courses - 37 Total Credit Hours</b></p> <p><b>English Composition Courses</b> ENGL 1113 English Composition I 3 hours ENGL 1213 English Composition II 3 hours</p> <p><b>History &amp; Government Courses</b> HIST 1483 Amer. History to 1877 3 hours (or) HIST 1493 Amer. History Since 1877 POLI 1113 American Government 3 hours</p> <p><b>Humanities Courses</b> Electives 6 hours One 3 hour course to be chosen from those listed with the International Dimension and 3 hours of humanities electives.</p> <p><b>Mathematics Courses</b> MATH 1513 Algebra for STEM 3 hours</p> <p><b>Science Courses</b> BIOL 1114 General Biology 4 hours CHEM 1315 General Chemistry 5 hours</p> <p><b>Computer Science Courses</b> BADM 1113 Digital/Financial Literacy 3 hours (or other approved computer course)</p> <p><b>Orientation Courses</b> ORNT 1101 Freshman Orientation 1 hour</p> <p><b>General Education Elective Courses</b> 3 hours Select courses from: Language Arts, Natural Sciences, Foreign Languages, Fine Arts, Humanities, Mathematics, Behavioral or Social Sciences.</p> <p><b>Program Requirement Courses - 23 Total Hours</b> **BIOL 2104 Human Anatomy 4 hours **BIOL 2204 Human Physiology 4 hours HPET 1113 Nutrition 3 hours HPET 1223 Health Education &amp; Wellness 3 hours HPET 2212 First Aid 2 hours **HPET 2382 Athletic Training-Practicum I 2 hours **HPET 2482 Athletic Training-Practicum II 2 hours HPET 2633 Care &amp; Prevention of Athletic Injuries 3 hours</p> <p><i>The first year will involve 75 to 85 hours of observation. The second year will involve 500 hours of clinical work.</i></p> <p><b>Total Credit Hours 60 hours</b></p>	<p><b>Suggested Course Sequence:</b></p> <p><b>First Semester 16 Total Credit Hours</b> ENGL 1113 English Composition I 3 hours MATH 1513 Algebra for STEM 3 hours ORNT 1101 Freshman Orientation 1 hour BADM 1113 Digital/Financial Literacy 3 hours HPET 2212 First Aid 2 hours BIOL 1114 General Biology 4 hours</p> <p><b>Second Semester 14 Total Credit Hours</b> ENGL 1213 English Composition II 3 hours CHEM 1315 General Chemistry I 5 hours HPET 2633 Care &amp; Prevention of Athletic Injuries 3 hours General Education Electives 3 hours</p> <p><b>Third Semester 15 Total Credit Hours</b> POLI 1113 American Government 3 hours BIOL 2104 Human Anatomy 4 hours HPET 1113 Nutrition 3 hours HPET 2382 Athletic Training-Practicum I 2 hours Humanities Elective 3 hours</p> <p><b>Fourth Semester 15 Total Credit Hours</b> Humanities Elective 3 hours HIST 1483 Amer. History to 1877 3 hours (or) HIST 1493 Amer. History Since 1877 BIOL 2204 Human Physiology 4 hours HPET 1223 Health Education &amp; Wellness 3 hours HPET 2482 Athletic Training-Practicum II 2 hours</p> <p><i>This is a suggested sequence timeline only. A student may require more than four semesters to complete an Associate in Science degree.</i></p> <p>**These program courses are typically offered only once a year. See course descriptions for fall or spring designations and plan accordingly.</p>	<p>The Associate in Science degree in Athletic Training is designed to prepare students to pursue a bachelor's degree at a four-year institution.</p> <p>Under the supervision of a licensed physician, the athletic trainer serves an important role in the health care system of recognizing, preventing, evaluating, managing, and rehabilitating sports injuries. Athletic Training is recognized by the American Medical Association as an allied health care profession. Specifically, the Athletic Trainer specializes in five practice areas: Prevention of athletic injuries; Recognition, evaluation, and immediate care of athletic injuries; Rehabilitation and reconditioning of athletic injuries; Health care administration; Education and counseling.</p> <p>Students who desire to become candidates in Athletic Training are required to make a formal application to the Athletic Training department for admission to the program. This application must be submitted on or before April 15th and formal approval is required.</p> <p>GPA and ACT composite scores are weighed heavily as acceptance is highly competitive.</p> <p><b>Career Opportunities</b> Athletic Trainer Physical Therapist Strength &amp; Conditioning</p> <p>NOC evaluates students for placement into either foundational or college-level courses, whichever will lead to the greatest possibility of student success. Academic placement is determined either by A.C.T. test scores or by Accuplacer test scores. These tests are administered in the Testing Center at NOC. Based upon the scores, students may be required to take one or more courses for remediation in English, Math, or Reading, either prior to or concurrent with credit courses. See the NOC testing web page by clicking on the following link: ACT   Northern Oklahoma College (<a href="http://www.noc.edu/act">http://www.noc.edu/act</a>) for placement guidelines.</p>
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