Changes in the NOC COVID-19 process are motivated by science related to the Omicron variant that has demonstrated that most of the SARS-CoV-2 transmission occurs early in the course of illness, generally in the 1-2 days prior to onset of symptoms and the 2-3 days after. Data shows vaccine effectiveness against infection for two doses of an mRNA vaccine is approximately 35%. A COVID-19 vaccine booster increases effectiveness against infection to 75%. https://www.cdc.gov/media/releases/2021/s1227-isolation-quarantine-guidance.html

Please carefully review the information below and the information on the following tables. This information is provided to assist in decision making only. Always rely on the guidance of a physician for professional medical advice.

To ensure that Northern Oklahoma College can provide support and resources to students and employees, the College is requesting that the COVID-19 Self-Reporting Form be submitted by an individual when one of the following occurs: • You have received a positive COVID-19 test result.

Employees:
- For questions regarding guidance on leave policies, health benefit questions and insurance questions, call Shannon Cranford, Human Resources Director (HR), at 580.628.6229. Managers and supervisors are reminded they have an obligation to protect the privacy of employee health information.
  - Employee Handbook
- Those who are in a vulnerable population are of the utmost concern. If your health is considered high-risk, you provide care for a high-risk individual, have childcare disruption or require modifications to your work, please engage in individual discussions with your supervisor and the HR director. Potential modifications include, but are not limited to, telework if it can be done effectively, use of accrued leave or leave without pay, adjusted work hours to avoid or reduce contact with others and isolated workstations.
- Students in or isolation should be given reasonable accommodations for receiving the course content utilizing technology during this time.

Students:
- Use the COVID-19 Health and Safety Decision Matrix to determine if you need to quarantine or isolate.
- Students living in NOC housing may go home or the Dean of Student’s Office will make arrangements for isolated housing and food service while continuing to take classes via alternative delivery methods.
- Nursing students will need to follow the Nursing Program protocols.
- Your healthcare provider will manage your health needs.

Who to contact on Individual campuses:
- Enid: Vice President Jeremy Hise, 580.548.2393, jeremy.hise@noc.edu
- Stillwater: Vice President Jason Johnson, 580.628.6272, jason.johnson@noc.edu
- Tonkawa: Vice President Jason Johnson, 580.628.6272, jason.johnson@noc.edu

Definitions:
- Asymptomatic: A person is not exhibiting any of symptoms listed below.
- Symptoms of COVID-19 (https://www.cdc.gov): – Fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, diarrhea. (This list does not include all possible symptoms.)
- Vaccination status:
  - Fully vaccinated: Vaccinated with the initial series of vaccinations and have received the booster
  - Not Fully Vaccinated: Not vaccinated OR six months from initial series of Pfizer/Moderna (or two months from J&J) AND no booster
<table>
<thead>
<tr>
<th>Level of Exposure</th>
<th>Fully vaccinated employee</th>
<th>Can I come to work?</th>
<th>Do I need to be tested?</th>
<th>Whom do I notify?</th>
</tr>
</thead>
<tbody>
<tr>
<td>You have <strong>tested positive for COVID-19.</strong></td>
<td>Yes.</td>
<td><strong>No.</strong> You will need to self-isolate at home for 5 days. If have a fever stay home. If asymptomatic, without fever for 24 hours without fever reducing medications, or symptoms are resolving, wear a mask around others for 5 additional days.</td>
<td><strong>No.</strong> You do not need to be retested after symptoms improve.</td>
<td>Complete the form and submit. Notify your immediate supervisor.</td>
</tr>
</tbody>
</table>

| You are **exhibiting some symptoms of COVID-19** | | **No.** You should go get tested. If you test negative then you can return to work. If at work, you need to go home immediately. | | |

<table>
<thead>
<tr>
<th><strong>COVID-19 Health and Safety Decision Matrix: Not Fully Vaccinated NOC Employees (see definition above)</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>You have <strong>tested positive for COVID-19.</strong></td>
</tr>
</tbody>
</table>

| You are **exhibiting some symptoms of COVID-19** | | **No.** You should go get tested. If you test negative then you can return to work. If at work, you need to go home immediately. | | |