

This degree is offered on NOC Enid and NOC Tonkawa campuses.

Program Requirements 60 Total Credit Hours					
General Education Courses				37 Total Credit Hours	
Program Requirement Courses				20 hours	
English Composition Courses				HPET 1113	Nutrition 3 hours
ENGL 1113	English Composition I	3 hours		HPET 1132	Sports Officiating I 2 hours
ENGL 1213	English Composition II	3 hours	or	HPET 1142	Sports Officiating II
History & Government Courses				** HPET 2053	Introduction to Coaching 3 hours
HIST 1483	American History to 1877	3 hours		HPET 1223	Health Ed. & Wellness 3 hours
or HIST 1493	American History Since 1877			HPET 1950	Physical Ed Field Exp. 1 hour
POLI 1113	American Government	3 hours	**	HPET 1952	Intro to HPER 2 hours
Humanities Courses				HPET 2212	First Aid 2 hours
Electives 6 hours				HPET 2633	Care & Prev of Ath Injuries 3 hours
One 3 hour course to be chosen from those listed with the International Dimension and 3 hours of humanities electives.				Recommended Program Elective Courses	
Mathematics Courses				BIOL 2214	Human Anatomy & Physio. 3-4 hours
MATH 1493	Math Applications	3 hours	or	BIOL 2104	Human Anatomy
or	Other college-level math		or	PSYC 1113	General Psychology
Science Courses				AND course not take above in program requirement choice:	
Two Sciences with labs 8 hours				HPET 1132	Sports Officiating I 2 hours
Computer Science Courses				or HPET 1142	Sports Officiating II
BADM 1113	Digital/Financial Literacy	3 hours			
or	Other approved computer course				
Orientation Course					
ORNT 1101	Freshman Orientation	1 hour			
General Education Elective Course 4 hours					
Select courses from: Language Arts, Natural Sciences, Foreign Languages, Fine Arts, Humanities, Mathematics, Behavioral or Social Sciences					

**These program courses are typically offered only once a year. See course descriptions for fall or spring designations and plan accordingly.

The Associate in Science degree in Health, Physical Education, and Recreation is designed to prepare students to transfer to a four-year university to pursue a bachelor's degree.

Students should consult the catalog from the institution to which they are planning to transfer to carefully select courses that will meet requirements to complete their bachelor's degree.

Career Opportunities: Coach, Personal Trainer, Physical Education Instructor

This suggested curriculum includes degree requirements and courses that are usually completed in the first two years of a four-year curriculum. Consult with the university or college of your choice and its catalog curriculum as you make plans on where to transfer. Be careful to select the courses that will meet all requirements for both the Associate and Baccalaureate degree programs.

Year One

Fall Semester			Spring Semester		
ENGL	1113	English Composition I	ENGL	1213	English Composition II
MATH	1493	Math Applications	HIST	1483	American History to 1877
or	Other college-level math		or		
ORNT	1101	Freshman Orientation	HIST	1493	American History from 1877
BADM	1113	Digital/Financial Literacy	HPET	1223	Health Education & Wellness
HPET	1132	Sports Officiating I	HPET	1113	Nutrition
or	1142	Sports Officiating II		3 hours	Humanities Elective
HPET	1952	Intro to HPE&R			
HPET	2212	First Aid			
Total: 16 credit hours			Total 15 credit hours		

Year Two

Fall Semester			Spring Semester		
	4 hours	General Education Electives	HPET	2053	Intro to Coaching
	4 hours	Science Elective	HPET	2633	Care & Prevention of Athletic Injuries
POLI	1113	American National Government		4 hours	Science Elective
*HPET	1950	Physical Education Field Experience		3 hours	Humanities Elective
	4 hours	Recommended Program Elective			
* Offered Fall semester in Enid, spring semester in Tonkawa					
Total 16 credit hours			Total 13 credit hours		

NOC evaluates students for placement into either foundational or college-level courses, whichever will lead to the greatest possibility of student success. Academic placement is determined either by A.C.T. test scores or by Accuplacer test scores. These tests are administered in the Testing Center at NOC. Based upon the scores, students may be required to take one or more courses for remediation in English, Math, or Reading, either prior to or concurrent with credit courses. See the NOC testing web page by clicking on the following link: <http://www.noc.edu/act> for placement guidelines.