**Northern Oklahoma College Upward Bound College Preparatory Academy**

**2022 – 2023 Student Annual Commitment Contract**

Student’s Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Grade: \_\_\_\_\_\_\_ School: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Three goals I plan to achieve during this school year while in the program are:

Goal 1: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Goal 2: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Goal 3: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

I believe the following guidelines will help me reach these goals, and I will try, to the best of my ability, to follow them throughout the school year. I understand that I can be dismissed from Upward Bound if there is evidence that I am not abiding by this agreement.

I WILL:

1. Attend school regularly and be on time.
2. Participate in class by being an active listener and taking part in discussions.
3. Work with Upward Bound staff to create academic goals and work to accomplish objectives.
4. Set aside time to study daily and complete all homework and classroom assignments.
5. Discuss my school day with my parents/guardians daily.
6. Participate and attend monthly Saturday sessions, tutoring (if required), ACT workshops and

academic advisory.

1. Attend six week Summer Academy.
2. Encourage parents/guardians to attend UB parent meetings.
3. Take messages, permission forms, and notices home and return them (if applicable) ON TIME.

1. Maintain a minimum 2.5 GPA, and be in good disciplinary standing with my school and

Upward Bound.

1. Visit the Upward Bound Program website regularly to stay abreast of program announcements, updates, activities, and events.
2. Maintain contact with Upward Bound (including e-mails and phone calls).
3. Understand that cultural and leadership trip eligibility is based on points.
4. Behave in a respectful manner during ALL UB activities and on my social media accounts. I will not be involved with drugs, alcohol, or bullying. I understand that bullying and/or using drugs or consuming alcohol is not tolerated and will result in my immediate dismissal from the program.

1. The importance of a college education for my future, and I am committed to the goals and objectives of Upward Bound.

**I acknowledge that I have received a copy of the Upward Bound Student and Parent Handbook and understand that I will be held accountable for my behavior and will be subject to the disciplinary consequences outlined in the handbook.**

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Student Signature Date

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Parent/Guardian Signature Date

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Upward Bound Staff Date