

# What's Happening Sept. 16, 2022

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# Global education offers unique opportunities

\*May 28 – June 9: NOC LONDON SUMMER PROGRAM - 6

hours of lab science

### by Wade Watkins NOC Global Education

I hope you're settling in well to your college classes and life here at NOC; you are definitely in for some new, exciting, and possibly life changing experiences no matter which NOC campus you attend.

One aspect of your college experience you may not have considered, or even heard about, is traveling abroad with a NOC faculty member or two on a short-term study abroad program, where you explore an amazing corner of our world while earning academic credit towards your degree. It's a fantastic way to earn college credit hours while gaining valuable knowledge and experience from exposure to a new country and culture. And it's easier and more affordable than you think!

You're attending the right school if education abroad is intriguing to you. NOC has taken more than a thousand students on short-term study abroad programs, to 41 countries, on all seven continents! And for 2023, NOC is offering three very exciting global education programs for you to choose from. They are:

\*March 10-19/spring break: ITALY & GREECE\* – 3 optional credit hours of humanities/international dimension

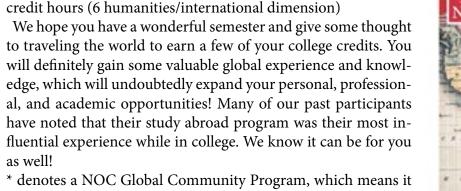
\*May 15 - 24: NOC BELIZE SUMMER PROGRAM – 4 credit



**Constitution Day - Sept. 16** Enid (Zollars) and Tonkawa (Clocktower)

9 a.m. - 1 p.m. (Register to vote)

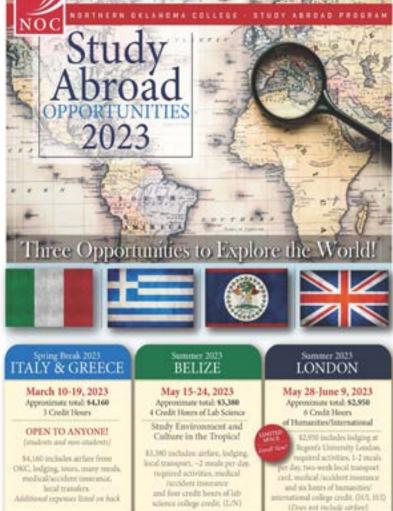




is open to students AND non-students (the credit hours are optional), so you can invite a friend or family member to join you on your global adventure.

Space is very limited – so definitely check out our PDF flyers and links on our NOC Global Education website: www.noc.edu/ global - and give us a like on Facebook or Instagram (@NOCglobal).

If you have questions, or need additional information, feel free to contact me via email at wade.watkins@noc.edu.



www.noc.edu/globs

# NOC students help 'Stamp Out Starvation'

A large number of Northern Oklahoma College students participated in a Stamp Out Starvation project Sunday at the First United Methodist Church in Tonkawa.

According to NOC instructor Dr. Kurt Campbell, over 85 NOC Students packaged 31,668 meals in a two-hour period. The meals are sent overseas to assist developing nations with food shortages.

Stamp Out Starvation started in 2007 by founder Monte Stewart from Cherokee.

It is a non-profit organization whose mission is to provide nutritious meals to people all around the world even in Oklahoma.

"We are able to accomplish this by organizing community and youth volunteer packaging events of Stamp Out Starvation's highly nutritious meals," Stewart states on his website stampoutstarvation.com .

Each Stamp Out Starvation food package contains six servings and each bag is prepared in less than 20 minutes by adding the food package to boiling water.

Each Stamp Out Starvation food package is based off of a rice and soy casserole that is fortified with 21 essential vitamins and minerals, six dehydrated vegetables, and chicken flavoring. This soy (52% protein) and nutrient-rich formula reverses the starvation process.

Stewart organizes an assembly line of volunteers who add the meal ingredients to plastic bags that are then sealed and boxed for shipment anyplace in the world.

NOC student groups included Baseball, Softball, Lady Mavs Basketball, Maverick Magic, President's Leadership Council, Northern Aggies, and FarmHouse Fraternity.

The volunteers enjoyed lunch before the event, sponsored by the church.





## www.stampoutstarvation.com

# NOC Calendar

Sept. 16 - Sept. 23

#### Sept. 16

Constitution Day (Voter Registration), Clocktower, 9 a.m. – 1 p.m., Tonkawa Constitution Day (Voter Registration), Zollars Library, 9 a.m. – 1 p.m., Enid Scoops Ice Cream Truck, College Circle, 10 a.m. – 1 p.m., Tonkawa Truck Parade, West side of Campus, 6 p.m., Tonkawa

Sept. 17

Cherokee Strip Parade, Perry Cherokee Strip Parade, Enid Away Men's Soccer vs. Dodge City, 3 p.m.

Sept. 18

Home Women's Soccer vs. Redlands, 3 p.m.

Sept. 19

Begin L12-Week Courses Yoga Mondays, EB Lobby, 8 a.m. Intramural Flag Football (Sept. 19-23), Enid Video Game Trailer, College Circle, 6 p.m. – 8 p.m., Tonkawa

#### Sept. 20

Free Lunch, BCM, 11:30 a.m. – 12:45 p.m., Tonkawa Runner Girls, Tonkawa Track, 3:30 p.m., Tonkawa Renew at the BCM, BCM, 6:30 p.m., Tonkawa

#### Sept. 21

Free Student Lunch, Wesley House, 11 a.m. – 1 p.m., Tonkawa BCM Student Lunch, James Room, 11:30 a.m. – 12:45 p.m., Enid Home Soccer vs. Rose State, 2 p.m., 4 p.m. BCM Gathering, BCM, 7 p.m., Enid

#### Sept. 22

Dunk Tank, Gazebo, 11 a.m. – 1 p.m., Tonkawa Archery Tag, Mabee Center, 7 p.m., Enid

Sept. 23 Final Day to Drop L12-Week Courses with Full Refund

For additional information, visit the following links: NOC Calendar



# Mavs, Jets athletic reunions set

NOC Tonkawa and NOC Enid are hosting athletic reunions in October.

The Mavs' Reunion is Saturday, Oct. 15 while the Jets' Reunion is Saturday, Oct. 29.

Both events will include an luncheon from 11:30 a.m. - 1 p.m., in Tonkawa at the Renfro Center and at Enid in Montgomery Hall.

Following lunch will be athletic activities and an opportunity to meet the 2022-23 Mavs in Tonkawa and the Jets in Enid.

Late afternoons and evenings will be reserved for off campus alumni group meetings.

To RSVP for the event, contact NOC Alumni Coordinator Kayla Wooderson at 580.628.6473 or at kayla.wooderson@noc.edu .

### **NOC September Birthdays** Wade Watkins Sept. 18 Jerry Hawkins Sept. 26 Tori Green Christi Hook Sept. 18 Sept. 26 Jeff Tate Sept. 19 Kellev Larkin Sept. 26 Colton Bond Chad Anderson Sept. 26 Sept. 20 Cara Beth Johnson Sept. 20 Luke Kruse Sept. 26 Iill Harman Sept. 21 Erin Bolin Sept. 26 Eric Stamps Sept. 24



ALUMNI LUNCHEON 11:30 AM - 1:00 PM GANTZ STUDENT CENTER MONTGOMERY HALL NOC ENID

Following the luncheon there will be individual athletic team breakout groups with the following:Meet the Jets | Athletic Activities | Campus Tour

Late afternoon/evening will be reserved for alumni groups to meet off campus.

## **To RSVP, Contact Kayla Wooderson** 580.628.6473 | kayla.wooderson@noc.edu

As more details are finalized, updates will be posted on social media pages.





Jets



NOC Roustabouts at the Kay County Fair Tuesday evening in Blackwell.







NOC Mays Softball at the Kay County Fair Thursday night. The fair concludes Sunday, NOC will have a booth at the fair all weekend.



## **Cybercrime Happens Way More Than You Think!**

Large-scale cyberattacks make the news, but that's just the tip of the iceberg. Cybercrime is on the rise, and the majority of attacks go unreported.

### Consider the following facts:

A cyberattack every 36 seconds

43% of SMB lack a cybersecurity defense plan

\$108 Million lost in only 6-months The University of Maryland found that there is an average of 2,244 cyberattacks per day, which is one every 36 seconds.

The International Criminal Police Organization (Interpol) reported that small- and medium-sized businesses (SMB) are being targeted at an increased rate.

The US Federal Trade Commission, in a recent 6-month period, had seen over 128,000 phone-based fraud scams that cost victims a whopping \$108 Million – that's only half a year!

## **Staying Safe Starts with YOU!**

We often assume cybercrime only happens to someone else but hackers know the easiest way to get to your organization's information is through **YOU**!

Here are some actions to stay safe.

- Be careful what you post and share online.
- Don't reuse passwords for multiple sites.
- Follow your organization's security policies and procedures.
- If something seems suspicious, always verify that it's legitimate.

In the time it took you to read this document, there were multiple cyberattacks across the globe. Make sure you stop, look, and think before you take any sort of action.

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**NOC Parade Banner** 

## Public Health "On the Go"

**Mobile Wellness Units Coming Soon to a Location Near You** 

## Sept. 26, 2022



Insurance accepted but not required

Questions? Call (580) 762-1641

Oklahoma.gov/Health/MobileWellness

View the full calendar at

**Revised 06/21/2022** 

9 a.m.-4 p.m. Northern Okla. College 1220 E. Grand (Renfro Center) Tonkawa, OK

## Services available:

- Immunizations
- COVID-19 testing and vaccinations
- WIC enrollment
- **Pregnancy testing**
- **Blood pressure**
- SoonerCare/Medicaid Enrollment
- STI Testing & Treatment
- **Glucose, Cholesterol and**

## **Hearing screening**



Creek · Kay · Lincoln · Noble Osage · Pawnee · Payne



# Tips and Skills for a Higher Score!

## Testing with Success

Featuring Shelly Beaty, Testing Specialist

**NOC TONKAWA Tuesday, September 27 Renfro Center** 

**NOC ENID** Wednesday, September 28 **Gantz Student Center Montgomery Hall** 



Check-In 8:30 am Workshop 9-11:30 am **COST \$20** Pay at Door

Register Online by September 27, 2022

https://noc.secure.force.com/events/#/list

(or scan code)

TONKAWA **Bryan Hook** 580.628.6668 or recruiter1@noc.edu ENID Leticia Maxwell



580.548.2353 or recruiter2@noc.edu



