

# **NOC NURSING KAMBIA PROGRAM**

BELIZE | July 18 - 24, 2025

Apply what you have learned at Northern while providing healthcare services to local community members in Belize.





#### **DAY 1-2:**

TRAVEL TO PHILIP S.W. GOLDSON INTERNATIONAL AIRPORT, IN-COUNTRY ORIENTATION AND A DELICIOUS DINNER

The group will arrive in Belize City and provided transport will take you to the home-base located outside of Belmopan. That evening, you will enjoy your first delicious meal and receive an orientation about Belize and the work ahead.

#### DAY 3-6: CLINIC DAYS AND EDUCATIONAL CHARLA FOR COMMUNITY MEMBERS

Each day, your program will travel from the lodging facility to your partner community to provide healthcare services and access to medications to community members along with local HCPs. You will be able to rotate between stations, shadow doctors and interact with patients. During the charla station, you will empower community members through educational charlas. Topics include chronic illnesses, mental health, and physical health among others.

#### DAY 7: CULTURAL ACTIVITY

Reflect on the experience and enjoy final cultural activities with community before returning to the lodging facility for final evening celebrations.

## DAY 8: RETURN HOME

Tell friends and family the many amazing stories, friendships, and discoveries you made in Belize!

\*Options to add additional days and enrichment activities upon regest.



At the private home-base, you will enjoy authentic local cuisine. Participants stay in shared rooms accommodating 8-14 people of same gender, with private bathrooms. Private rooms for instructors and chaperones are typical and based on availability.

#### **STAFFING**

Incredible team members will be on call to support you every step of the way, as well as expertly-trained cooks, security guards, coordinators, and drivers. Coordinators and translators will be with the group at all times.

#### COMMUNICATION

Kambia staff can be reached 24/7 in the event of an emergency. Students will have limited to no access to the internet and phone reception. If you would like to call back home, feel free to reach out to your coordinator/PA for support. Trip updates may be posted on our blog/social media for friends and family to follow.

#### **TERMS AND EXPECTATIONS:**

Individual Program Fees include all in- country expenses, including meals, lodging, transport, scheduled activities, staffing, travel medical insurance, and volunteer project support. Estimated program fee includes airfare. Minimum group size is 10, excluding Faculty.

\* Group airfare can be secured by our travel team ensuring the best rates and ease of coordination.

### **GROUP AIRFARE-TBD** (8-10 Months Prior)

Kambia is part of the 501c3 non-profit Global Brigades and all donations are eligible for a tax deduction.

### KAMBIA Celebrating 20 years

of empowering university faculty and students to support access to global health!

- Individual Estimated Program
  Fee: 8-days starts @ \$2,900 per
  student including airfare.
  Activity cost for day 7th is yet
  to be determined.
- Due Dates: initial deposit of \$250 at 127 days before the program start date; 50% of the fee must be uploaded at 60 days before the program start date. All reminder funds must be uploaded/sent to Global Brigades by 30 days prior to Program Start Date

#### **CONTACT:**

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