

# What's Happening

Sept. 16, 2022

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# Global education offers unique opportunities

#### by Wade Watkins **NOC Global Education**

I hope you're settling in well to your college classes and life here at NOC; you are definitely in for some new, exciting, and possibly life changing experiences no matter which NOC campus you attend.

One aspect of your college experience you may not have considered, or even heard about, is traveling abroad with a NOC faculty member or two on a short-term study abroad program, where you explore an amazing corner of our world while earning academic credit towards your degree. It's a fantastic way to earn college credit hours while gaining valuable knowledge and experience from exposure to a new country and culture. And it's easier and more affordable than you think!

You're attending the right school if education abroad is intriguing to you. NOC has taken more than a thousand students on short-term study abroad programs, to 41 countries, on all seven continents! And for 2023, NOC is offering three very exciting global education programs for you to choose from. They are:

\*March 10-19/spring break: ITALY & GREECE\* – 3 optional credit hours of humanities/international dimension

\*May 15 - 24: NOC BELIZE SUMMER PROGRAM - 4 credit

hours of lab science

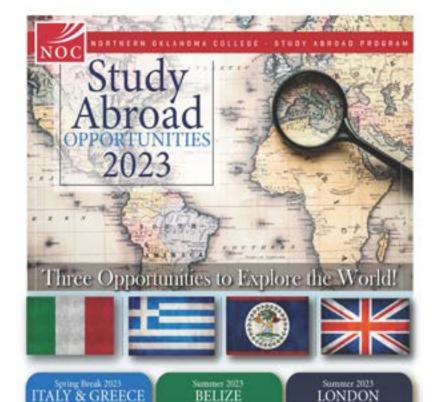
\*May 28 – June 9: NOC LONDON SUMMER PROGRAM - 6 credit hours (6 humanities/international dimension)

We hope you have a wonderful semester and give some thought to traveling the world to earn a few of your college credits. You will definitely gain some valuable global experience and knowledge, which will undoubtedly expand your personal, professional, and academic opportunities! Many of our past participants have noted that their study abroad program was their most influential experience while in college. We know it can be for you

denotes a NOC Global Community Program, which means it is open to students AND non-students (the credit hours are optional), so you can invite a friend or family member to join you on your global adventure.

Space is very limited – so definitely check out our PDF flyers and links on our NOC Global Education website: www.noc.edu/ global - and give us a like on Facebook or Instagram (@NOCglobal).

If you have questions, or need additional information, feel free to contact me via email at wade.watkins@noc.edu.





local transfers. Additional expenses listed on back

#### May 15-24, 2023 Approximate total: \$3,380 4 Credit Hours of Lab Science Study Environment and Culture in the Tropical

83,380 includes sinters, lodging ocal transport. - I meals per day May 28-June 9, 2023 6 Credit Hoors

LONDON

# **Constitution Day - Sept. 16**

Enid (Zollars) and Tonkawa (Clocktower) 9 a.m. - 1 p.m. (Register to vote)





# NOC students help 'Stamp Out Starvation'

A large number of Northern Oklahoma College students participated in a Stamp Out Starvation project Sunday at the First United Methodist Church in Tonkawa.

According to NOC instructor Dr. Kurt Campbell, over 85 NOC Students packaged 31,668 meals in a two-hour period. The meals are sent overseas to assist developing nations with food shortages.

Stamp Out Starvation started in 2007 by founder Monte Stewart from Cherokee.

It is a non-profit organization whose mission is to provide nutritious meals to people all around the world even in Oklahoma.

"We are able to accomplish this by organizing community and youth volunteer packaging events of Stamp Out Starvation's highly nutritious meals," Stewart states on his website stampoutstarvation.com .

Each Stamp Out Starvation food package contains six servings and each bag is prepared in less than 20 minutes by adding the food package to boiling water.

Each Stamp Out Starvation food package is based off of a rice and soy casserole that is fortified with 21 essential vitamins and minerals, six dehydrated vegetables, and chicken flavoring. This soy (52% protein) and nutrient-rich formula reverses the starvation process.

Stewart organizes an assembly line of volunteers who add the meal ingredients to plastic bags that are then sealed and boxed for shipment anyplace in the world.

NOC student groups included Baseball, Softball, Lady Mavs Basketball, Maverick Magic, President's Leadership Council, Northern Aggies, and FarmHouse Fraternity.

The volunteers enjoyed lunch before the event, sponsored by the church.









www.stampoutstarvation.com

### **NOC Calendar**

Sept. 16 - Sept. 23

Sept. 16

Constitution Day (Voter Registration), Clocktower, 9 a.m. – 1 p.m., Tonkawa Constitution Day (Voter Registration), Zollars Library, 9 a.m. – 1 p.m., Enid Scoops Ice Cream Truck, College Circle, 10 a.m. – 1 p.m., Tonkawa Truck Parade, West side of Campus, 6 p.m., Tonkawa

Sept. 17

Cherokee Strip Parade, Perry Cherokee Strip Parade, Enid Away Men's Soccer vs. Dodge City, 3 p.m.

Sept. 18

Home Women's Soccer vs. Redlands, 3 p.m.

Sept. 19

Begin L12-Week Courses Yoga Mondays, EB Lobby, 8 a.m. Intramural Flag Football (Sept. 19-23), Enid Video Game Trailer, College Circle, 6 p.m. – 8 p.m., Tonkawa

Sept. 20

Free Lunch, BCM, 11:30 a.m. – 12:45 p.m., Tonkawa Runner Girls, Tonkawa Track, 3:30 p.m., Tonkawa Renew at the BCM, BCM, 6:30 p.m., Tonkawa

Sept. 21

Free Student Lunch, Wesley House, 11 a.m. – 1 p.m., Tonkawa BCM Student Lunch, James Room, 11:30 a.m. – 12:45 p.m., Enid Home Soccer vs. Rose State, 2 p.m., 4 p.m. BCM Gathering, BCM, 7 p.m., Enid

**Sept. 22** 

Dunk Tank, Gazebo, 11 a.m. – 1 p.m., Tonkawa Archery Tag, Mabee Center, 7 p.m., Enid

Sept. 23

Final Day to Drop L12-Week Courses with Full Refund

For additional information, visit the following links: NOC Calendar



## Mavs, Jets athletic reunions set

NOC Tonkawa and NOC Enid are hosting athletic reunions in October.

The Mavs' Reunion is Saturday, Oct. 15 while the Jets' Reunion is Saturday, Oct. 29.

Both events will include an luncheon from 11:30 a.m. - 1 p.m., in Tonkawa at the Renfro Center and at Enid in Montgomery Hall.

Following lunch will be athletic activities and an opportunity to meet the 2022-23 Mavs in Tonkawa and the Jets in Enid.

Late afternoons and evenings will be reserved for off campus alumni group meetings.

To RSVP for the event, contact NOC Alumni Coordinator Kayla Wooderson at 580.628.6473 or at kayla.wooderson@noc.edu .

## **NOC September Birthdays**



Wade Watkins	Sept. 18	Jerry Hawkins	Sept. 26
Tori Green	Sept. 18	Christi Hook	Sept. 26
Jeff Tate	Sept. 19	Kelley Larkin	Sept. 26
Colton Bond	Sept. 20	Chad Anderson	Sept. 26
Cara Beth Johnson	Sept. 20	Luke Kruse	Sept. 26
Jill Harman	Sept. 21	Erin Bolin	Sept. 26
Eric Stamps	Sept. 24		



ALUMNI
LUNCHEON
11:30 AM - 1:00 PM
GANTZ STUDENT CENTER
MONTGOMERY HALL
NOC ENID

Following the luncheon there will be individual athletic team breakout groups with the following:

Meet the Jets | Athletic Activities | Campus Tour

Late afternoon/evening will be reserved for alumni groups to meet off campus.

# To RSVP, Contact Kayla Wooderson 580.628.6473 | kayla.wooderson@noc.edu

As more details are finalized, updates will be posted on social media pages.



NOC Alumni Facebook



Jets acebook



NOC Roustabouts at the Kay County Fair Tuesday evening in Blackwell.





MAVERICKS

**ATHLETICS ALUMNI** REUNION

SATURDAY, **OCTOBER** 2022

Following the luncheon there will be individual athletic team breakout groups with the following: Meet the Mays Athletic Activities Campus Tour

Late afternoon/evening will be reserved for alumni groups to meet off campus.

**ALUMNI LUNCHEON** 11:30 AM -1:00 PM **RENFRO CENTER NOC TONKAWA** 

To RSVP, **Contact Kayla Wooderson** 580.628.6473 kayla.wooderson@noc.edu

As more details are finalized, updates will be posted on social media pages.

NOC Alumni Facebook Mays Facebook









NOC Mavs Softball at the Kay County Fair Thursday night. The fair concludes Sunday, NOC will have a booth at the fair all weekend.



**NOC Parade Banner** 

# Cybercrime Happens Way More Than You Think!

Large-scale cyberattacks make the news, but that's just the tip of the iceberg. Cybercrime is on the rise, and the majority of attacks go unreported.

### Consider the following facts:

A cyberattack every 36 seconds

43% of SMB lack a cybersecurity defense plan

\$108 Million lost in only 6-months

The University of Maryland found that there is an average of 2,244 cyberattacks per day, which is one every 36 seconds.

The International Criminal Police Organization (Interpol) reported that small- and medium-sized businesses (SMB) are being targeted at an increased rate.

The US Federal Trade Commission, in a recent 6-month period, had seen over 128,000 phone-based fraud scams that cost victims a whopping \$108 Million – that's only half a year!

### **Staying Safe Starts with YOU!**

We often assume cybercrime only happens to someone else but hackers know the easiest way to get to your organization's information is through **YOU**!

Here are some actions to stay safe.

- Be careful what you post and share online.
- Don't reuse passwords for multiple sites.
- Follow your organization's security policies and procedures.
- If something seems suspicious, always verify that it's legitimate.

In the time it took you to read this document, there were multiple cyberattacks across the globe. Make sure you stop, look, and think before you take any sort of action.



### Public Health "On the Go"

**Mobile Wellness Units Coming Soon to a Location Near You** 

Sept. 26, 2022

9 a.m.-4 p.m. Northern Okla. College 1220 E. Grand (Renfro Center) Tonkawa, OK



- Immunizations
- COVID-19 testing and vaccinations
- **Pregnancy testing**
- SoonerCare/Medicaid **Enrollment**
- Glucose, Cholesterol and

**Hearing screening** 



Creek - Kay - Lincoln - Noble Osage - Pawnee - Payne



- WIC enrollment
- **Blood pressure**
- STI Testing & Treatment



# **FALL 2022 ACT PREP** WORKSHOP

Tips and Skills for a Higher Score!

## Testing with Success

Featuring Shelly Beaty, Testing Specialist

**NOC TONKAWA Tuesday, September 27 Renfro Center** 

**NOC ENID** Wednesday, September 28 **Gantz Student Center Montgomery Hall** 



Check-In 8:30 am Workshop 9-11:30 am **COST \$20** Pay at Door

Register Online by September 27, 2022

https://noc.secure.force.com/events/#/list (or scan code)

**TONKAWA** 

Bryan Hook

580.628.6668 or recruiter1@noc.edu

**ENID** Leticia Maxwell

580.548.2353 or recruiter2@noc.edu

**APPLY ONLINE** WWW.NOC.EDU



Revised 06/21/2022

Questions? Call (580) 762-1641 View the full calendar at Oklahoma.gov/Health/MobileWellness

Insurance accepted but not required





# **Northern Encounter**

Fall 2022

Discover Programs, Services, Clubs and Organizations. Meet Faculty and Students.
Take a Campus Tour!



Northern Encounter has been designated as a day for high school juniors, seniors and their parents to get an up-close look at what Northern has to offer.

9-11 am

FREE T-Shirt

Door Prizes
[Including Tuition Waivers]

Tell your friends on Social Media!

SCAN CODE TO REGISTER

### **Pre-Register Online:**

https://noc.secure.force.com/events/#/list



#### **TONKAWA**

#### October 5

Renfro Center Bryan Hook 580.628.6668



#### **ENID**

#### October 12

Gantz Student Center Leticia Maxwell 580.548.2353



#### **STILLWATER**

#### October 19

NOC Stillwater Building Janet Jarvis 580.628.6904

