

This degree is offered on NOC Enid and NOC Tonkawa campuses.

Program Requirements 60 Total Credit Hours

General Education Courses				37 Total Credit Hours		Program Requirement Courses			19 hours	
English Composition Courses							HPET	1113	Nutrition	3 hours
	ENGL	1113	English Composition I	3 hours		HPET	1132	Sports Officiating I	2 hours	
	ENGL	1213	English Composition II	3 hours	or	HPET	1142	Sports Officiating II		
History & Government Courses						**	HPET	2053	Introduction to Coaching	3 hours
	HIST	1483	American History to 1877	3 hours		HPET	1223	Health Ed. & Wellness	3 hours	
or	HIST	1493	American History Since 1877			HPET	1950	Physical Ed Field Exp.	1 hour	
	POLI	1113	American Government	3 hours	**	HPET	1952	Intro to HPER	2 hours	
Humanities Courses							HPET	2212	First Aid	2 hours
	Electives			6 hours		HPET	2633	Care & Prev of Ath Injuries	3 hours	
One 3 hour course to be chosen from those listed with the International Dimension and 3 hours of humanities electives.						Recommended Program Elective Courses			4 hours	
Mathematics Courses							BIOL	2214	Human Anatomy & Physio.	3-4 hours
	MATH	1493	Math Applications	3 hours	or	BIOL	2104	Human Anatomy		
or	Other college-level math				or	PSYC	1113	General Psychology		
Science Courses						AND course not take above in program requirement choice:				
	Two Sciences with labs			8 hours		HPET	1132	Sports Officiating I	2 hours	
Computer Science Courses						or	HPET	1142	Sports Officiating II	
	BADM	1113	Digital/Financial Literacy	3 hours						
or	Other approved computer course									
Orientation Course										
	ORNT	1101	Freshman Orientation	1 hour						
General Education Elective Course				4 hours						
Select courses from: Language Arts, Natural Sciences, Foreign Languages, Fine Arts, Humanities, Mathematics, Behavioral or Social Sciences										

**These program courses are typically offered only once a year. See course descriptions for fall or spring designations and plan accordingly.

The Associate in Science degree in Health, Physical Education, and Recreation is designed to prepare students to transfer to a four-year university to pursue a bachelor's degree.

Students should consult the catalog from the institution to which they are planning to transfer to carefully select courses that will meet requirements to complete their bachelor's degree.

Career Opportunities: Coach, Personal Trainer, Physical Education Instructor

This suggested curriculum includes degree requirements and courses that are usually completed in the first two years of a four-year curriculum. Consult with the university or college of your choice and its catalog curriculum as you make plans on where to transfer. Be careful to select the courses that will meet all requirements for both the Associate and Baccalaureate degree programs.

Year One					
Fall Semester			Spring Semester		
ENGL	1113	English Composition I	ENGL	1213	English Composition II
MATH	1493	Math Applications	HIST	1483	American History to 1877
or	Other college-level math		or		
ORNT	1101	Freshman Orientation	HIST	1493	American History from 1877
BADM	1113	Digital/Financial Literacy	HPET	1223	Health Education & Wellness
HPET	1132	Sports Officiating I	HPET	1113	Nutrition
or	1142	Sports Officiating II		3 hours	Humanities Elective
**HPET	1952	Intro to HPE&R			
HPET	2212	First Aid			
Total: 16 credit hours			Total 15 credit hours		

Year Two					
Fall Semester			Spring Semester		
	4 hours	General Education Electives	**HPET	2053	Intro to Coaching
	4 hours	Science Elective	POLI	1113	American National Government
HPET	2633	Care & Prevention of Athletic Injuries		4 hours	Science Elective
*HPET	1950	Physical Education Field Experience		3 hours	Humanities Elective
	4 hours	Recommended Program Elective			
Total 16 credit hours			Total 13 credit hours		

* Offered Fall semester in Enid, spring semester in Tonkawa

**These program courses are typically offered only once a year. See course descriptions for fall or spring designations and plan accordingly.

NOC evaluates students for placement into supplemental/college-level courses or college-level courses, whichever will lead to the greatest possibility of student success. Academic placement is determined by A.C.T. test scores, corresponding A.C.T. challenge tests, holistic placement, or other college approved placement tests. These tests are administered in the Testing Center at NOC. Based upon the scores, students may be required to take one or more supplemental courses for English, Math, Social Science, or Nursing. See the NOC testing web page by clicking on the following link: <http://www.noc.edu/act> for placement guidelines.